

Energy



Concept: Potential energy is stored energy, it converts into kinetic energy when an object moves.

What You Need –

- some different sized rubber bands



What You Do –

- Hold each end of one of the bands between your thumbs and forefingers.
- Stretch the band but don't let it go.
- Point the band at a wall, and let it go.
- Repeat the experiment with different sized rubber bands.

What You Should Notice –

When you let the bands go, they will fly through the air.

Explanation –

Write your explanation here.

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